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U.S. DEPARTMENT OF AGRICULTURE
WAR FOOD ADMINISTRATION
COMMODITY CREDIT CORPORATION
OFFICE OF SUPPLY
150 Broadway, New York 7, N. Y.

Cleared by:
New York, Philadelphia, Boston
Regional OWI with a "B" rating

Issued:
June 7, 1945

THE FAMILY CANTREEN

Canning

ANNOUNCER: Even though the war is over in Europe there are still many wartime activities that we must continue. One of the most important homefront duties remaining for the American homemaker is home canning. Today, Mr. _____ of the War Food Administration's Office of Supply is going to tell us about the great need for home preserving, what foods are ready to be put up now, and the many ways that the housewife may go about it.

OS The picture on commercially canned supplies for civilians is not bright. In fact, supplies of commercially canned foods are not expected to meet civilian needs. Then, too, the military requirements for canned foods have risen 7 per cent over last year, so you see the situation is a grave one.

ANNOUNCER: It is indeed. Just how much food was put up in the home last year, Mr. _____?

OS: Nearly one half of the total civilian supply of canned vegetables and two thirds of all civilian-used canned fruits came from home kitchens.

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ANNOUNCER: Well, that's quite a challenge to this year's housewives.

OS: And it's a challenge that must be met--not only by the women living on farms, but also by those living in cities and small towns.

ANNOUNCER: Tell me, Mr. _____, is there more canning done on the farm than in the city?

OS: Yes, in fact, it works this way, _____. More farm housewives put up food than non-farm housewives, and more small-town housewives can than city housewives.

ANNOUNCER: I suppose lack of space stumps some would-be city canners.

OS: Right. Both space for canning and space for storing. However, if she has any storage space and canning facilities available, it's a wise woman who preserves the plentiful foods and puts them away for next winter.

ANNOUNCER: Speaking of the city woman who lacks canning space, are you thinking of community canning centers when you say "facilities"?

OS: That is just what I have in mind! There are a great many advantages which the community canning center offers as compared to home canning. First, there is good equipment available to the canner, and she can save time and work by using the center. Also, it is fun to work in groups, and at the center she is sure to meet some of her neighbors.

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ANNOUNCER: And then, too, the beginner can learn from those who are old hands at the game .

OS: Right you are.

ANNOUNCER: Now, if it is impractical for the housewife to use the community canning center, can she buy her own equipment today?

OS: Yes, this year manufacturers have been authorized to make 630,000 pressure canners. These canners are ration-free and can be bought through regular commercial channels.

ANNOUNCER: Does that hold true for containers?

OS: Yes, there are no restrictions on the production of containers and closures. And the picture is bright on jar rings, even though they will continue to be made of synthetic rubber. Even the quality will be better this year, canning specialists will recommend boiling rings in soda water for ten minutes.

ANNOUNCER: Well, with a pressure canner, containers and jar rings, all we need to get started on our home canning is food.

OS: Food and some practical canning knowledge.

ANNOUNCER: Well, let's get the produce first. What is the best bet for canning this month?

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OS: The golden rule is take advantage of the plentiful foods when they are in season, and right now in some areas there is an abundance in spinach and asparagus. Also, when you thin out your beets, save the greens and put them up, too.

ANNOUNCER: Beet greens?

OS: Yes, beet greens are not only tasty, but rich in vitamin value.

ANNOUNCER: Mmmmm. I'll have to remember that. You stress vegetables, Mr. _____. Why is that?

OS: Well, simply because vegetables will be more plentiful this year than fruit. However, one fruit that should be put up this year is peaches.

ANNOUNCER: That suits me fine. I love peaches fresh and preserved. The only thing I miss is fresh peaches in winter.

OS: A freezer is the answer to that problem.

ANNOUNCER: But if a home freezer storage cabinet isn't on hand, how can the housewife freeze her food?

OS: That is simple, just take her packages to a community locker plant .

ANNOUNCER: Well, that gives us pressure canning and freezing. How else may food be put up?

OS: Food may be preserved in brine, pickled or dried.

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ANNOUNCER: That certainly gives the housewife a choice, and with the urgent need for home food preservation every housewife should be able to find one method that fits into her home facilities. Just how much food should the housewives put up this year?

OS: Last year 25 million households put up an estimate of 3 billion, 400 million quarts of home preserved food. This year we've got to meet that amount, or better still, top it.

ANNOUNCER: Well, that is a challenge, but if I know the American people they'll meet it.

OS: Yes, if the housewife takes advantage of plentiful crops, and preserves her food either by canning, drying, freezing, pickling or using brining she should be able to stock her larder and not have to worry about the lack of commercially canned food.

ANNOUNCER: Thank you Mr. _____ of the War Food Administration's Office of Supply for being with us today and for giving us such a clear picture of the canning situation.

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T H E F A M I L Y C A N T E E N

The Northeast Regional Victory Garden Conference

ANNOUNCER: Though the weather seems as though it's trying very hard to live up to June standards now, for the past month or so it has been a little on the rainy side. The bad weather has wrought havoc with the crops, and many gardens have been completely washed out. Because of 'ole man weather and also because of the proposed cut in commercial canning, Director Paul C. Stark, of the Home Food Supply, last weekend called a Regional Victory Garden Conference in New York for the Northeast Region. Mr. _____ of the War Food Administration's Office of Supply is going to tell us about the meeting, why it was called, who was there and what was done. But first, Mr. _____ I think maybe our listeners would like to know a little about Mr. Stark. Exactly what is his job as director of Home Food Supply?

OS: Maybe I could best answer that by telling you what are the functions of the Home Food Supply. This new branch of the War Food Administration was created by Marvin Jones to coordinate the activities of the

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OS: various government agencies, affecting the food supply
(Cont.) produced or conserved in the home.

ANNOUNCER: And Mr. Stark is a good man to head Home Food Supply!

OS: He certainly is Mr. _____. During the
war period Mr. Stark has served as Vice Chairman of the
National Garden Advisory Committee.

ANNOUNCER: Mr. Claude Wickard, our Secretary of Agriculture, appointed
Mr. Stark to that position, didn't he?

OS: Right _____. And Mr. Stark also served
as President of the National Victory Garden Institute.
This organization, you know, organized industry in the
Victory Garden effort.

ANNOUNCER: And a good thing it was, too. Mr. Stark is a farmer on
the side, isn't he?

OS: Indeed he is. At the Victory Garden Conference he referred
to his orchards back in Missouri. He said the rains had
been very heavy in that section of the country, too.

ANNOUNCER: The bad weather was one of the reasons for calling the
conference, wasn't it, Mr. _____?

OS: Yes, that and the cut in commercially canned vegetables.

ANNOUNCER: How great will the cut be, Mr. _____?

OS: This year's allocation of commercially canned vegetables
for civilians will probably be 75 per cent of those avail-
able last year.

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ANNOUNCER: A 25 per cent cut in canned vegetables sounds as though home canners will have to preserve more food this year.

OS: That's right, but first they'll have to grow it. Mr. Stark said that there is still time for planting, replanting and enlarging gardens. He urged consecutive planting and stressed the need for planting the big 4 vegetables--beans, peas, corn and tomatoes.

ANNOUNCER: Tomatoes are a popular food with Victory Gardeners.

OS: Yes, and very important this year, _____.
More than ever!

ANNOUNCER: Why is that, Mr. _____?

OS: Well, in the first place, the Southern crop of tomatoes has been wasted, for spring came too early this year down south. The tomatoes grew too large for packing and so in part, were wasted.

ANNOUNCER: What is the tomato situation in this section of the country?

OS: As you know, Spring came late to us. And that may well affect the size of our commercial canning tomato crop.

ANNOUNCER: That means a cut in tomatoes for the civilian menus, doesn't it, Mr. _____?

OS: Yes, there will probably be a 50 per cent cut in civilian supplies of commercially canned tomatoes, after military needs have been filled.

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ANNOUNCER: Tomatoes are a good source of Vitamin C, aren't they,
Mr. _____?

OS: Yes, indeed, and that brings up another point. Because
of their Vitamin C content, tomatoes are an excellent
fruit substitute.

ANNOUNCER: What are the prospects of the fruit crops this year,
Mr. _____?

OS: Fruit crops, Mr. Stark pointed out, will probably be
low this year.

ANNOUNCER: All fruit crops?

OS: The Southern peach crop is the only one we can count on
to be a bumper crop. 1945's crop is one of the best
we've had in years. Mr. Stark urged that home canners
preserve peaches while they are abundant on the market.

ANNOUNCER: Speaking of canning--what commercially canned vegetables
will be tightest this year for civilian consumption?

OS: Commercially canned snap beans, as well as tomatoes, will
probably be only half as large as last year's pack.

ANNOUNCER: How will 1945's fresh vegetable crops compare with that
of last year, Mr. _____?

OS: Assuming that crops are not hampered by bad weather, or
in any way damaged, Mr. Stark said, the total civilian
supply of fresh vegetables will be about equal to 1944's
but it is expected that commercially canned supplies

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OS: of the Big 4 vegetables will be from 25 to 40 per cent less,
(Cont.) and these may be lessened by increased war needs.

ANNOUNCER: Therefore, it is exceedingly necessary that home canners
put up tomatoes, beans, peas and corn.

OS: Yes, but as Mr. Stark cautioned, we must not forget to
preserve the other foods grown in our Victory Gardens.

ANNOUNCER: No, indeed, Mr. _____. After Mr. Stark's
talk was the meeting thrown open to discussion?

OS: Yes, _____. Representatives attending the
Northeast Regional Victory Garden Conference came from
State Extension Services, State War Councils and Victory
Garden Committees. They told of their particular
problems in their home states.

ANNOUNCER: What conclusions were reached, Mr. _____?

OS: The general conclusions of the meeting were: first, there
is still time for gardeners to raise enough fruits and
vegetables for the entire season. For best results, and
for an increased number of harvests, consecutive planting
was recommended. Tomatoes are particular important...and
gardeners still have time to put in tomato plants for
eating fresh and home canning.

ANNOUNCER: Many discouraged gardeners will be glad to hear that they
can still get their gardens started, despite the bad
weather.

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OS: Tomatoes are particularly important...and gardeners still have time to put in tomato plants for eating fresh this summer and home canning for next winter's menus.

ANNOUNCER: That's good news for our listeners.

OS: And last, but not least, the late Spring and increased military needs mean that supplies of commercially canned fruits and vegetables for civilians will be smaller, and therefore home canners should preserve all they can.

ANNOUNCER: Well, I guess we'll not only have to tighten our belts, but also get out and dig! Thank you Mr. _____ of the War Food Administration's Office of Supply for being with us today, and for presenting such a clear picture of the recent Regional Victory Garden Conference.

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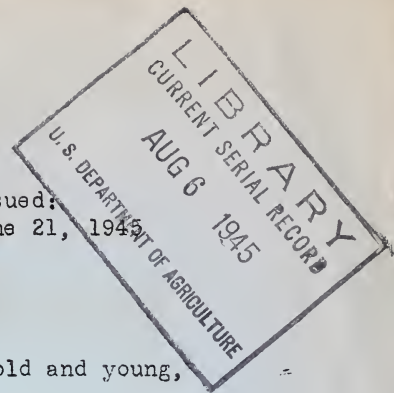
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THE FAMILY CANTEEN

ANNOUNCER: Now that summer is really here, all of us, old and young, are looking forward to our vacations which have become an American institution. However, when we begin making plans for our precious free time most of us find that our favorite vacation spots aren't what they used to be. Many have been closed and others are booked to capacity. But there is a happy ending to this sad story for there are paid vacations waiting for most of us in the United States Crop Corps. This year, more than ever, the Crop Corps is one of our most essential homefront movements. Today, Mr. _____ of the War Food Administration's Office of Supply is going to tell us what the U.S. Crop Corps is and how we may become part of it.

OS: I think that first our listeners would like to know why the U.S. Crop Corps was formed.

ANNOUNCER: A good idea. Tell me, Mr. _____, just why was this emergency service put into operation?

OS: Many of our farmers have gone into the armed forces. Then, too, the farm population has been depleted by a need for factory workers. People who would ordinarily be running our farms have gone into industry. And the farmers who have stayed at their posts are getting older each

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OS: year. They are not able to do all the work they could
(Cont.) in their younger days.

ANNOUNCER: And that goes for farm machinery, too.

OS: Lots of the farm machinery is getting too old for repair,
and few are being replaced. Every time a machine breaks
down manpower must replace it.

ANNOUNCER: And that is why the U.S. Crop Corps is sorely in need
of parttime farm hands.

OS: Right. In fact, this year four million persons are
needed!

ANNOUNCER: Four million! That's a lot of people!

OS: But everyone of those four million persons' help is
desperately needed on our farms today.

ANNOUNCER: Just who may volunteer for farm work, Mr. _____?

OS: Men, women and boys and girls, all may participate.

ANNOUNCER: Is there an age limit for boys and girls?

OS: Yes, a boy or girl must be 14 to 17 years old to enlist
as a Victory Farm Volunteer.

ANNOUNCER: A Victory Farm Volunteer. That's the junior groups isn't
it?

OS: Well, you may call it that if you wish, but though they're
young, still their contributions are just as important
as those of their fellow adult workers. They have their

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OS: counterpart in the Women's Land Army.
(Cont.)

ANNOUNCER: Women from every walk of life. Here's an example of a few of the types you might see working in the fields together. There might be a teacher and college girl working side by side with an office or factory worker. And then there are the housewives who also do parttime farm work.

ANNOUNCER: Speaking of time, how much time does a WLA member give?

OS: No one gives anything--for no matter how short the volunteer period may be--prevailing wages are paid for the amount and type of work done. That's why we call it a paid vacation.

ANNOUNCER: And do the Victory Farm Volunteers also get paid?

OS: Indeed, they do. Of course, how much they-or anyone-can earn depends on how long they work.

ANNOUNCER: Naturally, and how long must they work?

OS: There is no set work period. Everyone is asked to give as much time as possible. However, sometimes office workers or housewives are only able to give an evening or a week-end. But no matter how short the work period may be their efforts are appreciated.

ANNOUNCER: They certainly are.

OS: We realize that a great many people only get two weeks' vacation a year, some less...but then too there are

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OS: those lucky people who have two and three months off
(Cont.) each summer--the college and high school students and
the teachers.

ANNOUNCER: The summer months are when they are need most, Mr. ____
_____?

OS: Right, but we must not forget fall--I should say that
the greatest demand is from July to October.

ANNOUNCER: And how may the volunteer farmer help with the crops?

OS: There are many crops that the farmers need help with.
Volunteers may pick berries, peaches, apples and
potatoes. And in addition to harvesting vegetables...
they can prepare them for market by bunching, washing,
and crating. Also in certain areas, they may pick
cotton, and stack peanuts. Detasseling corn is
another job a volunteer may do.

ANNOUNCER: What other chores around the farm could be done by the
vacationist farm-hand?

OS: Animals have to be fed, eggs collected, cows milked.
Volunteers may do all these things. Driving farm
vehicles, and cultivating the fields are other jobs
which must be done.

ANNOUNCER: And these chores may be done by both the Women's Land
Army and the Victory Farm Volunteers.

OS: Yes.

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ANNOUNCER: How should a boy or girl from 14 to 17 years old, go about becoming a Victory Farm Volunteer?

OS: First they must have their parent's consent. Then they should consult their school principals. Or if they belong to a "Y" or the Scouts or some other youth organization, it may be that their own group is planning to work on a farm this year. However, if none of these sources can supply the information they should ask their county agricultural agent about farm work.

ANNOUNCER: And where should the ladies apply for work with the Women's Land Army?

OS: If they can work for the entire summer or for several weeks, they should consult the agricultural section of their local U.S. Employment Service, county extension agent or local farm employment office immediately. These offices are often located in county court-house or the local post office. Or information may be obtained from Women's Land Army Supervisors at the local State Agricultural Colleges or from the Women's Land Army, United States Department of Agriculture, Washington 25, D.C.

ANNOUNCER: And what about the women who can only give an evening or a weekend every once in a while?

OS: If they can only work for short periods, they should stand by for local calls through their newspapers and

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OS: over the radio. They will be told where to apply.
(Cont.)

ANNOUNCER: A vacation with pay. Sounds mighty good to me

OS: And good for you. Working out in the fields is relaxing and healthful. Vacation farm hands will return home healthier and happier, for they will gain the satisfaction that comes to body and spirit from long hours in the open air, working close to the earth. They will also have the satisfaction of knowing they have spent their vacation wisely by returning to the soil on which our great country was founded. We must not forget that the first Americans were farmers. Anyone who volunteers for service in the U.S. Crop Corps will be lending patriotic aid that is vitally needed by our farmers today.

ANNOUNCER: Thank you, Mr. _____, of the War Food Administration's Office of Supply for being with us today.

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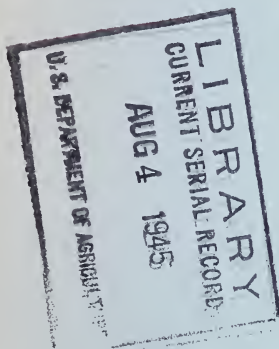
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OS: First they must have their parent's consent. Then they should consult their school principals. Or if they belong to a "Y" or the Scouts or some other youth organization, it may be that their own group is planning to work on a farm this year. However, if none of these sources can supply the information they should ask their county agricultural agent about farm work.

ANNOUNCER: And where should the ladies apply for work with the Women's Land Army?

OS: If they can work for the entire summer or for several weeks, they should consult the agricultural section of their local U.S. Employment Service, county extension agent or local farm employment office immediately. These offices are often located in county court-house or the local post office. Or information may be obtained from Women's Land Army Supervisors at the local State Agricultural Colleges or from the Women's Land Army, United States Department of Agriculture, Washington 25, D.C.

ANNOUNCER: And what about the women who can only give an evening or a weekend every once in a while?

OS: If they can only work for short periods, they should stand by for local calls through their newspapers and

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OS: over the radio. They will be told where to apply.
(Cont.)

ANNOUNCER: A vacation with pay. Sounds mighty good to me

OS: And good for you. Working out in the fields is relaxing and healthful. Vacation farm hands will return home healthier and happier, for they will gain the satisfaction that comes to body and spirit from long hours in the open air, working close to the earth. They will also have the satisfaction of knowing they have spent their vacation wisely by returning to the soil on which our great country was founded. We must not forget that the first Americans were farmers. Anyone who volunteers for service in the U.S. Crop Corps will be lending patriotic aid that is vitally needed by our farmers today.

ANNOUNCER: Thank you, Mr. _____, of the War Food Administration's Office of Supply for being with us today.

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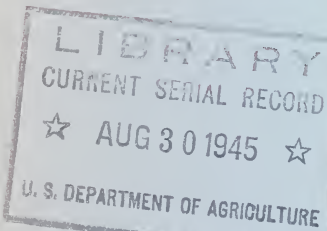
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THE FAMILY CANTEN

ANNOUNCER: Peaches are coming to market in abundance, so ladies and gentlemen get ready for some interesting main courses and desserts. Everyone in the family likes peaches and there are so many different ways to prepare them that this year, when they are abundant, we should all eat heartily of peaches. In fact, it is our duty as well as pleasure to eat as many peaches as we can to save this valuable crop that is one of the very best on record. Today Mr. _____ of the War Food Administration's Office of Supply is going to tell us about this year's peach crop, and how we all may get the most out of it.



OS: First, _____, I should like to say that other fruits will probably be short, so we are doubly blessed to have this bumper crop of peaches.

ANNOUNCER: Well, Mr. _____ just how does this year's peach crop compare to previous ones.

OS: The 1945 peach crop is the best on record!

ANNOUNCER: Well, how does it compare with other years?

OS: It is expected to be 4 per cent above the previous peach peak in 1941.

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ANNOUNCER: And what does that mean in terms of bushels, Mr. _____?

OS: Well, let's take the 10 Southern states from which we here in the Northeast get most of our early peaches. The Bureau of Agricultural Economics' June estimate indicates that peach production from that section alone will probably be more than 26 million bushels.

ANNOUNCER: And from which states will the heaviest production come?

OS: North and South Carolina and Georgia are expected to yield crops, amounting to 16 million bushels.

ANNOUNCER: Mmmmm, imagine that many Georgia Peaches! And when may housewives expect to see these delicious peaches at their markets?

OS: The peak production weeks for crops from the Carolinas and Georgia are expected to come to our Northeastern markets beginning around July 1 and going on till about July 25.

ANNOUNCER: That sound like lots of peaches for our dinner tables. But tell me, Mr. _____, what are the nutritive values of peaches. Do they contain any vitamins?

OS: Yes, some. Peaches are a good source of Vitamin A, and when they reach their peak of ripeness, they are also a fair source of Vitamin C. And that is a good thing to remember, for this year, with the exception of this bumper peach crop our fruit crops are expected to be below normal. The late Spring and heavy rains account for much of this lack.

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ANNOUNCER: Well, that's another point in the peach's favor. Not only is it one of the favorite fruits, but also, one of the few that we will be seeing around this year.

OS: And well it is too, for there are many ways that peaches may be served.

ANNOUNCER: I think I like mine best, right out of the hand.

OS: Yes, _____, that is one of the favorite ways of eating the peach. However, let's not stop there. Sliced peaches are very tasty served with milk or top-of-the-bottle. Or if you prefer, you can top a bowl of your favorite cereal, hot or cold, with our friend the peach.

ANNOUNCER: I never heard of serving fruit on top of hot cereal, but I bet it is good. I'll have to ask my wife for some when peaches get to the market. What other delectable peach dishes can you tell us about?

OS: Well, now you can't tell me you've never had a peach salad, served plain on top of good, cool crisp lettuce. Or if you go in for something a little more filling, how about stuffing the peach halves with cottage or cream cheese. That in itself, with bread or a roll, makes a good lunch for a hot day.

ANNOUNCER: Yes, I like fruit salad, especially, when made with peaches. But how about those wonderful peach desserts that are favorites with all American families?

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OS: Now you're talking. You mean those luscious peach pies, and cobbblers, or were you thinking of peach shortcake? All very good ways to top off a wartime meal.

ANNOUNCER: Say, I have one you didn't mention.

OS: What's that?

ANNOUNCER: Stewed peaches!

OS: Right you are, but I was getting to that. However, since you beat me to it, let me add that stewed peaches are even more delicious, if cooked with a dash of spice, cinnamon or even a clove bulb.

ANNOUNCER: Have you got any more good ideas?

OS: Well, here's one that you might be interested in. Did you ever hear of broiled or baked peaches?

ANNOUNCER: No. But they sound good.

OS: And they are. Best thing about broiled or baked peaches is that they can be served either with the main course or as dessert. And there is one thing to remember in these days of sugar shortage. When serving cooked peaches, try to eat them while they are still hot, for they retain their flavor and are sweeter than when they cool off.

ANNOUNCER: Hot peaches full of sweet flavor. Mmmmm. But suppose you wanted to serve cold peaches, either for one of those salads you mentioned or cut up in slices? Is it a good idea to put them in the refrigerator to cool off?

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FOOD STAMP PLAN
SURPLUS COMMODITIES BULLETIN

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OS: Not only a good idea, but also the correct thing to do. Peaches should be kept in a cool place, except if they are a little on the green side, then they should be allowed to ripen at room temperature. And here's a tip of how to keep peaches from becoming bruised. When storing them, spread them out, don't pile one on top of the other.

ANNOUNCER: That's a good point to remember. Do you have any more helpful hints?

OS: Here's one. As you know peaches get dark if they are sliced and then allowed to stand. It is best to slice or cut the peaches just before using them. However, if it is necessary to slice them beforehand, sprinkle them with a little lemon juice and they will retain their peaches and cream--well peaches-complexion.

ANNOUNCER: One thing that has always bothered me is that when you peel a peach you cut away a good deal of the fruit.

OS: There's a solution to that problem. Peach skins come off very easily if the fruit is first dipped into boiling water for a minute or two, and then into cold. There's nothing to it.

ANNOUNCER: Nothing except a perfect peach. I can hardly wait for those peaches to come to market.

OS: As a matter of fact, _____, you should be able to enjoy all you want in a very short time. It's almost time for them to be coming your way. The important

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OS:
(Continued)

thing for all of us to remember is that this year many fruit crops will be below normal. That is with the exception of peaches. This year we have a bumper crop on our hands, and it's up to all of us to see that none of it goes to waste. There are so many ways to eat peaches that it shouldn't be hard for the homemaker to make good use of our abundant peach crop. And though I did not mention it before, don't forget that peaches are going to be good for canning, but more about that a little later.

ANNOUNCER:

Thank you Mr. _____ of the War Food Administration's Office of Supply for being with us today. I am sure that none of us will be able to resist the peaches that are coming to market. Especially after hearing how many delicious ways this fruit can be eaten.

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